

Lesson One: Taking

Responsibility for your Decisions

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Inspiration from all my teachers including Neale Donald Walsch, A Course in Miracles, and Thich Nhat Hanh

Who are you?
Or who do
you desire to
become?



If it is true that
every act of
yours defines
who you are...

Then, how do
you feel
about who
you are?



What thoughts,
words, and actions
do you desire to
change?

Everything you **think**, **say**, and **do**
is a reflection of WHO YOU ARE.



What do you think about this?

- * Thoughts can create words
- * Words can create action
- * Sometimes:
 - * thoughts create action
 - * feelings influence thought
 - * thoughts influence feelings
 - * feelings influence action



You are your
thoughts, words,
and actions

Do you like..

- * Who you are?
- * What you experience in life?
- * What the world reflects back to you as you journey through it?



If the Answer is Yes...

Then you have come to realize that you are – in this moment - the result of all your choices...



If the answer is *Sometimes, No,* or something *other than absolute affirmative..*

Than we must first understand that our power to **choose** what we think, to **choose** how we perceive our feelings, to **select** our words, and then **decide** how we act in our lives is completely within our locus of control.



So if you don't
like who you
are...choose
differently



So, what do you think?

- * Do you want to learn more about this?
- * Do you want to learn how to take responsibility for your choices and learn how to choose your peace, joy, and abundance?
- * Or would you prefer to blame circumstances and others for how you choose to act and think?

You always have the
power to choose your
thoughts, words, and
action...

So just choose... and
then take responsibility
for your choice...

Citations

- * Dan Megna Photography – <http://www.danmegna.com/>
- * All my teachers
- * Neale Donald Walsch, Conversations with God - <http://www.nealedonaldwalsch.com/>
- * A Course in Miracles - <http://www.acim.org/>
- * Thich Nhat Hanh, The Art of Power - <http://www.plumvillage.org/>
- * Marilee's interpretation of all of this