



UC San Diego

SCHOOL OF MEDICINE

THE UNIVERSITY OF CALIFORNIA, SAN DIEGO
CENTER FOR MINDFULNESS
Certifies

Marilee Bresciani Ludvik

has participated in the educational activity titled

**8-Week Mindfulness-Based Stress Reduction Program
& MBSR Teacher Practicum Training**

March 17, 2016 – May 14, 2016

A handwritten signature in black ink, appearing to read "SDH Psy.D.", with the letters "Psy.D." written in a smaller font below the main signature.

Steven D. Hickman, Psy.D.

Associate Clinical Professor, UC San Diego Departments of Psychiatry and Family & Preventive Medicine
Executive Director, UCSD Center for Mindfulness