

Marilee Bresciani Ludvik, Ph.D. is a professor of postsecondary educational leadership at San Diego State University. Prior to that, she served as Assistant Vice President of Institutional Assessment at Texas A&M University and in a variety of student affairs, academic affairs, and alumni relations leadership roles at various types of institutions. Marilee has consulted with over 200 institutions on assessment and accountability matters, preparing institutions to meet and surpass accreditation standards within the USA as well as quality assurance requirements within other countries. In addition, Marilee assists organizational leaders identify and leverage opportunities to collaborate across division lines, using mindfulness-based inquiry practices, nonviolent communication, difficult conversation processes, compassion dialogue, and design thinking.

Dr. Bresciani Ludvik has held faculty and higher education administration positions for over 28 years. In those positions, she has conducted enrollment management research, quantitative and qualitative institutional research, course-embedded assessment, and academic and administrative program assessment. Previously as Assistant Vice President for Institutional Assessment at Texas A&M University and as Director of Assessment at North Carolina State University, Dr. Bresciani led university-wide initiatives to embed faculty-driven outcomes-based assessment in the curriculum. She has led reforms in outcomes-based assessment program review, assessment of general education, quality enhancement, and assessment of the co-curricular.

Dr. Bresciani Ludvik has been invited to present and publish her findings on assessment and is a leading author of six books and over 60 peer- and editorial board reviewed publications on assessing student learning and outcomes-based assessment program review as well as the neuroscience of learning and development. Dr. Bresciani Ludvik has developed and delivered several courses on assessment of student learning, and serves the editorial board of the Journal of Research in Innovative Teaching and Learning and the Journal of Student Affairs Inquiry. She is also a reviewer for the Australian Quality Assurance Agency and the International Quality Assurance Council.

Marilee's previous research has focused on effective and holistic ways to evaluate student learning and development. While the bulk of her research has been in the standards and accountability arena, she transitioned to emotion regulation curriculum design and evaluation because she was noting that there was something missing in curriculum measurement and design. Marilee posits that it is because we are not integrating the role emotions play in students', teachers' and administrators' ability to perform consistently at high levels without undue harm caused by stress. As such, her most recent research focuses on using neuroscience to inform the design and evaluation of workshops and curriculum to decrease students', faculty, and administrators' stress and anxiety and increase their attention and emotion regulation as well as cognitive flexibility. It is expected that in turn, critical thinking, compassion, resilience, and creativity will be enhanced.

In 2012, Dr. Bresciani Ludvik was recognized as a Pillar of her Profession by her peers in the National Association for Student Personnel (NASPA). In 2013, she was again selected by her peers to receive the NASPA George Kuh Award for Outstanding Contribution to Research in Higher Education. In 2016, she was selected by her peers in the American College Personnel Administrators as a Diamond Honoree. She currently serves as the UNESCO MGIEP Senior Research Fellow where she is designing and evaluating mindful compassion curriculum that seeks to reduce aggression and violence through education while fostering cross-cultural compassionate dialogue among adolescents and their teachers.

Dr. Bresciani Ludvik is a certified meditation teacher, yoga instructor, and Search Inside Yourself (SIY) Leadership Institute teacher. She is also a mindfulness based stress reduction (MBSR) and Mindful Schools teacher. She teaches yoga, meditation, MBSR, SIY, Mindful Schools curriculum, and other mindfulness and compassion cultivation practices and provides well-being seminars to higher education faculty, administrators, and students. It is through these seminars, where she promotes self-reflection, cultivation of awareness, responsibility for one's actions, and strategies to empower others so that intuition can be integrated with evidence to inform decisions.

Dr. Bresciani Ludvik holds a Ph.D. in Administration, Curriculum, and Instruction from the University of Nebraska and a Masters of Arts in Teaching from Hastings College.

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